**T. H. Stanley Seah**

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**EDUCATION**

**Kent State University (KSU)** 2018 - present

*Doctor of Philosophy, Clinical Psychology*

**Kent State University (KSU)** 2016 – 2018

*Master of Arts, Clinical Psychology*

**National University of Singapore (NUS)** 2011 – 2015

*Bachelor of Social Sciences (Honors), Psychology*

**PUBLICATIONS**

Derbyshire, S. W. G., Whalley, M. G., **Seah, S. T. H.**, Oakley, D. A. (2017). Suggestions to reduce clinical fibromyalgia pain and experimentally induced pain produce parallel effects on perceived pain but divergent functional MRI-based brain activity. *Psychosomatic Medicine*, *79*(2), 189-200.

Keng, S.-L., **Seah, S. T. H.**, Tong, E. M. W., & Smoski, M. (2016). Effects of brief mindful acceptance induction on implicit dysfunctional attitudes and concordance between implicit and explicit dysfunctional attitudes. *Behaviour Research and Therapy*, *83*, 1-10.

**SYMPOSIUMS**

**Seah, T. H. S.**, & Coifman, K. G. (2018, May). The moderating role of emotion differentiation in the relationship between rumination and maladaptive behaviors among individuals with depression and/or social anxiety. In **Seah, T. H. S.** **(Chair)**, *Emotion Differentiation as a Protective Factor against Negative Self-Referential Processing: Links to Adaptive and Maladaptive Behaviors across Populations and Time Points*. Symposium conducted at the 30th annual convention of the Association for Psychological Science, San Francisco, CA, USA.

Keng, S.-L.,**Seah, S. T. H.**, Smoski, M., & Tong, E. M. W. (2015, November). Trait mindfulness moderates the effects of brief mindfulness induction on self-evaluative bias. In Keng, S.-L. (Chair), *Is being Mindful Always Helpful? Trait Mindfulness and Related Processes as Moderators of Psychological, Health, and Interpersonal Outcomes.* Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL, USA.

**TALKS**

**Seah, T. H. S.**,& Coifman, K. G. (2017, December). *Emotion differentiation as a protective factor against negative self-referential processing*. Talk presented at the 1st Clinical Psychological Science Graduate Student Symposium, Kent State University, Kent, OH, USA.

**POSTER PRESENTATIONS**

**Seah, T. H. S.**, Coifman, K. G. (2018, November). Emotion differentiation as a protective factor against social avoidance: Results from two studies involving clinical and non-clinical samples. Poster presented at 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC, USA.

Derbyshire, S. W. G., Whalley, M. G., **Seah, S. T. H.**, Oakley, D. A. (2016, May) Both hypnotic and non-hypnotic suggestions dramatically alter clinical and experimental pain report. fMRI indicates stronger hypnotic responses and different mechanisms for clinical versus experimental pain. Poster presented at 24th Annual Meeting of the International Society for Magnetic Resonance in Medicine, Singapore.

Keng, S.-L., Phang, C. K., Oei, T. P. S., **Seah, S. T. H.**, & Tan, J. X. (2014, June). Effects of a brief mindfulness-based group cognitive behavior therapy program on psychological distress among medical students: A preliminary study. Poster presented at 8th International Congress of Cognitive Psychotherapy, Hong Kong.

**RESEARCH EXPERIENCE**

**Emotion, Stress, & Relationships (ESR) Lab, KSU**

*Graduate Research Assistant* (PI: Dr. Karin G. Coifman)Sep 2017 - Present

Involved in running and managing multiple lab projects examining cognitive and affective processing across diverse populations (e.g., firefighters, individuals with psychopathology, and college students). Other research duties include training and managing undergraduate research assistants, conducting psychological assessments, operating psychophysiology software and equipment, and data cleaning and analysis of statistical and psychophysiological data.

**Psychopathology and Emotion Regulation Lab (PERL), KSU**

*Graduate Research Assistant* (PI: Dr. David M. Fresco) Aug 2016 – Sep 2017

Provided administrative support to The Serenity Study including participant scheduling, phone interviews, and intake assessments. Co-Investigator for a research project that examines the psychometric properties and clinical correlates of the Multidimensional Assessment of Interoceptive Awareness (MAIA).

**Department of Psychological Medicine, National University Health System (NUHS)**

*Research Assistant* (PI: Dr. Johnson Fam)Oct 2015 – Jul 2016

Involved in multiple projects examining the efficacy of novel antidepressants and transcranial magnetic stimulation for depressed patients. Conducted clinical interviews, literature reviews, and wrote study protocols and research papers.

**Undergraduate Research Assistantships, NUS**

*Pain Lab*, PI: Dr. Stuart Derbyshire (May 2014 – Aug 2015)

*Mindfulness and Emotion Regulation Lab*, PI: Dr. Shian-Ling Keng (Jan 2014 – Apr 2015)

*Department of Psychology*, PI: Dr. Gabriel Tan (Mar 2014 – Jul 2014)

*Quantitative Psychology Lab*; PI: Dr. Mike Cheung (May 2013 – Jul 2014)

*Centre for Infectious Disease Epidemiology and Research* (May 2013 – Aug 2013)

**TEACHING EXPERIENCE**

**Department of Psychological Sciences, KSU**

*Instructor* Aug 2018 – Present

Course: Quantitative Methods in Psychology I (3 credit hours)

Taught 59 undergraduate students foundational statistical concepts used in social science research. Duties include lecturing twice a week, creating learning and testing materials, grading, and advising students during office hours.

**CLINICAL WORK EXPERIENCE**

**Psychological Clinic, KSU**

*Trainee Therapist* (Clinic Director: Dr. Alanna Updegraff) Sep 2017 – Present

Trained and supervised to conduct intake interviews, psychological assessments (e.g., SCID-5-CV, MMPI-2-RF, WAIS-IV), and psychotherapy (e.g., CBT, DBT, ACT) for adult clients.

**HONORS & AWARDS**

NUS Award for Study Abroad to the University of California, Berkeley (2013)

KSU Graduate Student Senate (GSS) Domestic Travel Award (2018)

Association for Psychological Science Student Travel Award (2018)

**PROFESSIONAL AFFILIATIONS**

Association for Psychological Science

**PROFESSIONAL SERVICE**

Ad-hoc reviewer for Journal of Consulting and Clinical Psychology

**SKILLS & CERTIFICATIONS**

**Computer Programs:** IBM SPSS, MediaLab and DirectRT, Statistical Parametric Mapping (SPM) 8, fMRIB Software Library (FSL) v5.0, Mplus v7, and HLM 7.0.

**Languages:** Proficient in English and Mandarin Chinese